



UTAH DEPARTMENT OF
HEALTH

MEDICAID

Proposed Medicaid Drug Testing Policy

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Medicaid Drug Testing Policy



Background & Rationale for Recommended Changes

Utah Medicaid –

- Recognizes importance of urine drug testing (UDT) in substance use disorders (SUD) treatment
- Plays a significant role in providing UDT to Utahns receiving SUD treatment
- Must assure Medicaid only covers services that are determined to be medically necessary

- ✓ UDT utilization quintupled over 3 years period
- ✓ Costs increased from \$3.7M in CY2016 to \$18.9M (TF) in 2019
 - ✓ Non-expansion – nearly doubled
- ✓ Medicaid claims analysis shows significant examples of potentially excessive or inappropriate use (OIG referrals)
- ✓ Need to achieve \$850,000 (GF) budget cut made in the 5th 2020 Special Session

UDOH seeks to address these issues by strengthening utilization controls and improving UDT coverage policy

Approach to Proposing UDT Policy Changes



Utah Medicaid –

- Gathered UDT coverage policy information from other Medicaid programs and other insurance payers
- Reviewed American Society of Addiction Medicine (ASAM) Guidelines
- Collaborated with DSAMH to draft and share multiple policy options with stakeholders and solicit feedback
- Incorporated some stakeholder feedback and drafted a final policy option (**Includes process for case-by-case review of additional tests that exceed established limits**)
- Had additional meetings with Problem Solving Courts
- Invited select legislators to discuss proposed policy changes - October 2020

Current Policy	Proposed Policy
Presumptive Tests 80305 - \$11.99 – 12/month 80306 - \$15.99 – 12/month 80307 - \$63.95 – 12/month Possible Utilization Maximum <u>144</u> tests per year	Presumptive Tests 80305 - \$11.99 80306 - \$15.99 80307 - \$51.50 Possible Utilization Maximum <u>60</u> tests per year, with no monthly limits
Definitive Tests G0480 - \$64.51 – 6/month G0481 - \$99.25 – 6/month G0482 - \$133.99 – 6/month G0483 - \$173.69 – 6/month Possible Utilization Maximum <u>72</u> tests per year	Definitive Tests G0480 - \$64.51 G0481 - \$99.25 G0482 - \$99.25 G0483 - \$99.25 Possible Utilization Maximum <u>16</u> tests per year, with no monthly limits

Surrounding State Medicaid Program Drug Testing Policy Comparison



	Presumptive Tests: 80305, 80306, 80307		Definitive Tests: G0480, G0481, G0482, G0483	
State	Coverage	Quantity Limit	Coverage	Quantity Limit
UTAH	Covered	60 per 12 rolling months – no monthly limit	Covered	16 per 12-rolling months – no monthly limit
COLORADO	Covered	48 per year - 4 per month	Covered	While panels not covered, individual tests covered
NEVADA	Covered	20 per 12-rolling months	Covered	3 per 12-rolling months
WYOMING	Covered	No PA required	Covered	While panels not covered, individual tests covered
IDAHO*	Covered	24 per calendar year	Covered: G0480, G0481 Not covered: G0482, G0483	12 per calendar year

* Idaho's Medicaid coverage is limited as stated above, but there is a program that provides additional UDT reimbursement using state-only funds (non-Medicaid funds)

Examples of Misuse of Current UDT Coverage



Example One - In 2019, an individual received **262** total UDTs. Of that total:

- 57 were the highest cost test available that looks for 22 or more drug classes
- 36 were the second highest cost that looks for 15-21 drug classes
- 26 were the third highest cost that looks for 8-14 drug classes
- 4 were the lowest definitive test that looks for 1-7 drug classes
- 139 were presumptive tests that looks for any number of drug classes

This individual's pattern was observed in the cases of several dozen other individuals. Based on evaluation with SUD experts, Utah Medicaid believes this utilization is potentially excessive/inappropriate both in terms of number of tests per year and type of test (high number of drug classes).

Proposed policy changes will result in improved controls to reduce waste and encourage use of only medically necessary services

Example Two – In 2019, an individual had 8 days with multiple tests, including:
3 days with multiple definitive tests
5 days with multiple presumptive tests

Utah Medicaid observed more than 1,000 individuals who have received multiple presumptive and/or multiple definitive tests in a single day.

- Several cases have been referred to the OIG for further evaluation